



Bite Sized Catering

PERIDOT 45

WRITTEN BY PAULA ROY
PHOTOGRAPHY BY MARK HOLLERON

Deliver a memorable party experience with a uniquely creative style of catering, and you're sure to be a hit with bridal and wedding shower hosts, as well as for milestone birthdays and anniversaries. Shirley Kouri developed Peridot 45 Catering with creativity and ease for the event host in mind. She's been dishing up appetizing, inventive, miniature party food for several years and her work never fails to impress.

"I have always had a passion for food and entertaining - it's what I love to do best," enthuses Shirley. "I came up with my mini-dish concept after thinking about what kinds of foods I most enjoy serving and it has proven hugely popular."

Catering exclusively for small to medium-sized events, Shirley's menus are based around a collection of adorably little, high-quality serving

dishes that are just perfect for bite-sized treats. "A lot of typical cocktail party food can be hard to eat when trying to balance a glass and make conversation, so these mini dishes are the perfect thing. Best of all, they're recyclable so the cleanup is effortless."

Another unique feature of Shirley's creations is that they are all served either cold or at room temperature, eliminating the need for serving staff during your event. "I prepare the food, set it up and then leave you to enjoy it all," she explains.

While she is happy to accommodate special requests, there is something for every taste on her lengthy menu. From a range of soup shooters to shrimp salad served on mini shell plates to quinoa salad cradled in tiny cups, everything is fresh and colourful. Beef kabobs are presented on rosemary skewers

and classic devilled eggs appear in oriental soup spoons. Tiny cups made of bacon are filled with lettuce, tomatoes and mayo for a fancy spin on the traditional BLT and toast cups are the perfect vehicle for caramelized onions and brie. Dessert options include tiny fish bowls filled with fruit salad.

"I feel so fortunate that Peridot 45 is thriving, thanks to word of mouth referrals. I think the mini-dish concept is really working for people and they enjoy my simple, delicious food that emphasizes home-style flavours. I love the creativity and am constantly coming up with new ideas, always with a focus on doing whatever I can to make a social event the best possible experience for the hosts and their guests."

Contact Peridot 45 at shirley0808@bell.net

